**Race Walk National/Master Review**

**Purpose:** This is NOT A TEST. It's a REVIEW. It's meant to make you familiar with the Rule Book and the training manual, what's in it and how it's set up. It evaluates your ability to read a rule and correctly interpret it. To save you a significant amount of time. Hopefully, after taking the Review, you will feel that you are a much more knowledgeable official.

**Instructions Use:** The Answers and Rule Numbers cited in this Review are based on the 2024 USATF Rule Book, https://www.usatf.org/governance/rule-books. Reviews may be taken online or on paper. Both versions can be found at: <https://noc.mach2k.net/> If taking the review by paper you will need to send your completed review to your certification chair. If you take the review online results of non-open ended questions will be sent to you and your certification chair. Your certification chair will review the open ended questions and return final results to you. The USATF Racewalk Officials Training Manual, Marathon Mixed Relay Regulations and a sample Racewalk Summary Sheet can be found on the NOC website.

**Suggestions:** 1) Taking the Review in a group setting that allows open discussion or with other officials is encouraged. 2) New and less experienced officials should try to work with a "mentoring" official. 3) "Specialty" officials who mainly work in the same areas at most meets should take the review with other officials, benefit from shared experiences and the knowledge of all.

**Scoring:** **Scoring:** Numbers 1-24 are 3 points each. Number 25-27 five points each. Successful completion of the Review requires a success rate of at least 64/72 points for National 78/87points for Master. National certification are to do number 1-24. Master certification are to do numbers 1-27. Individuals who do not reach the minimum number of points are encouraged to retake the review. All questions are open ended. Reference any rule used to backup your answer or information from the USATF Race Walk Training Manual.

**Begin**

Answer all. Site any rule number or the location of information found in the USATF Race Walk Officials Training manual and page number.

1. Define the loss of contact rule: (USATF Race Walk Officials Training Manual)
2. Define the bent knee rule: (Rulebook and USATF Race Walk Officials Training Manual)
3. Yellow Paddle: When is it given? (Rulebook)
4. Red Card: When is it given? (USATF Race Walk Officials Training Manual)

5. What qualifies for a race walk disqualification? (Rulebook)

6. Can the Chief Judge disqualify an athlete in the final 100m of an event? (Rulebook)

7. If no Referee is available who takes on the position of Chief Judge? (Rulebook)

8. If no Umpires are available, who takes on these duty? (Rulebook)

9. What is the number of judges needed, minimum and maximum on road races? (Rulebook)

10. At International Selection Competitions, what is the maximum and minimum number of judges required? (Rulebook)

11. Duties of the Race Walk Judge include: (Rulebook)

12. List 10 items that make for the ideal race walk judge: (USATF Race Walk Officials Training Manual)

13. List five things a race walk judge should never do during a race: (USATF Race Walk Officials Training Manual)

14. What is the correct judging position of a judge during a road race or a track race? (USATF Race Walk Officials Training Manual)

15. What are some danger zones on a race walk course a judge should be aware of? (USATF Race Walk Officials Training Manual)

16. What are the duties of the Chief Judge? (Rulebook)

17. Where should the Red Card Posting Board be positioned? (Rulebook)

18. What are the duties of the Chief Judge Assistant? (Rulebook)

19. Where shall the Penalty Zone on the track be positioned? (USATF Race Walk Officials Training Manual)

20. When a Penalty Zone is used how many red cards shall be issued prior to a disqualification? (Rulebook)

21. What are the appropriate periods of time in the Penalty Zone for event distances? (USATF Race Walk Officials Training Manual)

22. When are water and personal aid stations allowed? (Rulebook)

23. In a National Championship how many judges are required for a National Record to be valid? And what level should they be? (Rulebook)

24. What is the race walk course circuit distance for road races, maximum and minimum? (Rulebook)

**Please move on to the Video items for further information, and review of Tally Sheet, Summary Sheet, Red Card.**

(note location)

Master Level: Additional

25. You are the Chief Judge for a National Championship. What should be considered for the management of the event? Include all elements and personnel, before, during and after. (USATF Race Walk Officials Training Manual)

26. If an athlete fails to enter the Penalty Zone what actions shall be taken? (Rulebook)

27. In events where multiple distances are contested, which distance shall the athletes declare for a valid time? (Rulebook)

**Please move on to the USATF Race Walk Officials Training found on the NOC website.**